# Brain Breaks: Lrossed or Uncrossed? <br> Equipment 

- Classroom
- 2 large sticks (rulers or drumsticks work well)


## Rules

1. Students sit in a relaxed circle.
2. Inform students that they have to solve this puzzle but if they do, they have to keep it a secret.
3. Tell them that you will always tell the truth.
4. Teacher begins by holding the two sticks (either crossing over or not crossing over, it doesn't matter) and stating "Crossed".
5. Pass the sticks to the next person in the circle and encourage them to guess 'Crossed or Uncrossed' and tell them each time if they're right or wrong.
6. The secret is that you are actually informing them of
whether their legs are crossed or not, it has nothing to do with the orientation of the sticks. Make sure you are modelling this discreetly.
7. Continue going around the circle a few times and see if some students catch on.
I find that they often think it is the opposite to what you are doing with the sticks but this will be challenged at some point and force them to rethink.
8. Obviously it only works once on the same group of kids but the logistics could be modified in lots of ways!

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