

# Brain Breaks: I went to the shops...

## Equipment

- Classroom
- Whole Class

## Rules

1. Students sit in a circle.
2. Teacher begins by stating, "I went to the shops and I bought a [insert item]".
3. Going around the circle, each student must repeat the statement and add one extra item.
4. As they go, they are expected to remember all the items in order.
5. Often, students need small reminders but try to limit these (children get better at this the more times they play it).
6. Try to go around the circle more than once so that those who didn't have to remember very many items at the start are still challenged.



<http://jemimasaunders.wix.com/mrssaundersclass>

By *Jemima Saunders*

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